

WEEK 1 MENU

WEEKS: 24/02, 17/03, 21/04, 12/05, 09/06, 30/06, 21/07, 01,09, 22/09, 13/10



HOT MARKET			
· SANDWICH ·			
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

MAIN MEAL

Baked Sausage Roll served with **Crispy Cubed Potatoes** & Baked Beans or Fresh Salad

MONDAY

Cheese & Ham French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & **Cucumber Sticks**

Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread. Mixed Vegetables or Salad

Roast Pork served with Roast Potatoes. Carrots, Broccoli. Yorkshire Pudding and Gravv

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or **Baked Beans** & Ketchup

High Wych CE

PRIMARY SCHOOL

MEAT FREE

Vegan Sausage Roll served with Crispy Cubed Potatoes, Peas & Sweetcorn

Cheese & Tomato French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks

Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread. Mixed Vegetables or Salad

Creamy Leek Wellington served with Roast Potatoes, Carrots, Cabbage, Yorkshire **Pudding and Gravy**

Vegan Quorn Sausage served with Chips. Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

LUNCHTIME LUNCHBOX

Choice of Ham. Tuna Mavo or Cheese Sandwich **Cheese Straws** Duo of Salad Sticks

Choice of Ham. Tuna Mavo or Cheese Sandwich Tortilla Chips Duo of Salad Sticks

Choice of Ham. Tuna Mavo or Cheese Sandwich **Cream Crackers** Duo of Salad Sticks

Choice of Ham. Tuna Mavo or Cheese Sandwich **Cheese Straws Duo of Salad Sticks**

Choice of Ham. Tuna Mavo or Cheese Sandwich Tortilla Chips Duo of Salad Sticks

DESSERTS

Choose One of Our **Fabulous Desserts** Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Apple & Summer Berry Crumble Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our **Fabulous Desserts** Peach & Vanilla Sponge Fruity Jelly Fresh Fruit Pot

Choose One of Our **Fabulous Desserts** Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



WEEK 2 MENU

WEEKS: 03/03, 24/03, 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Fish Finger Wrap served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad	Meat Feast Wholemeal Pizza served with Baked Potato Wedges, Peas & Sweetcorn	Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Chicken Nuggets served with Fries, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Mediterranean Vegetable Pasta Bake served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Fishless Fish Finger Wrap served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad	Margherita Wholemeal Pizza served with Baked Potato Wedges, Peas & Sweetcorn	Roast Vegetable & Beans Pie served with Potatoes, Carrots and Broccoli	Vegetable Nuggets served with Fries, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Tuna Mayo or Cheese Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis	Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruity Jelly Fresh Fruit Pot

Making lunchtime the highlight of your day

Fresh Fruit Pot



WEEK 3 MENU

WEEKS: 10/03, 31/03, 05/05, 02/06, 23/06, 14/07, 15/09, 06/10



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Fish Fingers served with Creamy Mashed Potato & Spaghetti Hoops	BBQ Pulled Chicken Wrap served with Savory Wholegrain Vegetable Rice & Salad	Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Beef Burger in a Bun served with Fries, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Fishless Fish Fingers served with Creamy Mashed Potato & Spaghetti Hoops	Veggie Mince Chilli Wrap served with Savory Wholegrain Vegetable Rice & Salad	Vegetable & Lentil Bolognaise served with Spaghetti, Garlic & Herb Bread, Seasonal Vegetables	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Vegetable Beef Burger in a Bun served with Fries, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Tuna Mayo or Cheese Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Tuna Mayo or Cheese Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly	Choose One of Our Fabulous Desserts Sticky Toffee Apple Cake Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Cornflake Tart Fruity Jelly	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly

Fresh Fruit Pot

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